

THE NORMALITY AND ABNORMALITY of Black consciousness and behavior as politically mandated and socially manufactured by the power relations of White supremacy, are denoted by the relative prominence of certain disturbances of thought, emotions, motivations and values. These disturbances of

Verb- denoted

Noun that's receiving - normality and abnormality of black consciousness

Noun that's doing - Whites

White people are making laws and making us think abnormal thoughts so that we can act normal in their society.

emotions, motivations and values. These disturbances of consciousness serve the interests of White hegemony by making Blacks highly responsive, for better or worse, to White-instigated social controls. A few examples will suffice to illustrate the point.

Verb - disturbances

Noun that's receiving- black consciousness

Noun that's doing- White dominance

White people make us think in ways that make us think that they are the authority and want to keep them as the authority.

The following figure provides some of the common symptoms of "pathological normalcy" in Blacks, i.e., those disturbances of thought, emotions, motivations and values which in Blacks are instigated and maintained by the White supremacist establishment in order to sustain its "normal" social order and relations. If exhibited by Whites themselves these symptoms

Verb - Instigated and maintained  
Noun that receiving- Pathological normalcy  
Noun that doing- White supremacist establishment

White people have created and put into black people's minds, different thoughts, emotions, motivations and values than black people originally had so that they could have and continue to have the society that they want.

relations. If exhibited by Whites themselves these symptoms would be immediately adjudged "mental disorders" by the White mental health establishment. Recall that "pathological

Verb - exhibited  
Noun that receiving- symptoms  
Noun that doing- Whites themselves

If white people were doing or thinking the same things as black people that are considered normal by the white mental health establishment, then the white mental health establishment would think that those white people were crazy.

mental health establishment. Recall that "pathological normalcy" in Blacks refers to those disturbances in Black consciousness and behavior which are beneficial to the needs of Whites and to the perpetuation of White supremacy while being ultimately inimical to their own needs and liberation.

Verb - perpetuation  
Noun that receiving- White supremacy  
Noun that doing- Black people

Black people do things that are considered normal but are actually harmful. Black people doing those things helps white supremacy to continue and because those things help white supremacy continue it makes it harder for black people to get liberation.

These disturbances within the context of White supremacy are either unobserved or adjudged by the White mental health establishment as “normal” or at least, “non-pathological” (because they are compatible with the interests of White supremacy). It is only when the disturbances are of such

Verb - Unobserved and Adjudged

Noun that receiving- disturbances of black consciousness

Noun that doing- White mental health establishment

The white mental health establishment either does not see the pathological normalcy in blacks or says that the pathological normalcy in blacks is normal or ok because it helps them continue to dominate over us.

supremacy). It is only when the disturbances are of such character, intensity or pervasiveness that they negate the usual or customary social controls and threaten the established social order are they deemed by the White mental health establishment as “abnormal,” maladaptive, or “pathological.”

Verb - deemed

Noun that receiving- some pathological normal behaviors

Noun that doing- White mental health establishment

When black people show pathologically normal behaviors that are more than they are supposed to white people get scared that black people will disrupt their normal and say that the behaviors that black people are showing are abnormal, maladaptive or pathological.

## Amnesia

total or partial loss of memory. A dissociative reaction, occurs when an individual represses from consciousness the recall or remembrance of entire periods or episodes in his life in order to deny, escape, avoid the re-experiencing of certain painful feelings associated with those periods or episodes. Amnesia therefore results in the loss of pre-trauma identity, the motives and values related to that identity due to the repression of its relevant, **crucially** defining memories.

First sentence

Verb - Dissociative

Noun that's receiving- you

Noun that doing- yourself

When someone doesn't want to remember a bad experience that could try to separate themselves from their mind so that they will not remember that experience and therefore not experience that bad thing again.

Second sentence

Verb - loss

Noun that's receiving- pre trauma identity

Noun that doing- you

Because you separate yourself from your mind you forget very important memories that you had before that bad thing happened. If you forget the very important memories that you had, it will be harder for you to remember who you were before that bad thing happened. If you don't remember who you were before then you forget important lessons and values that you had that could be helpful.

**White supremacy is to a large extent founded on the social amnesia of subordinate Blacks. The ruling White supremacist**

Verb - founded

Noun that's receiving- white supremacy

Noun that doing- the amnesia of subordinate blacks



The amnesia of blacks as a whole is what white supremacy is built on.

amnesia of subordinate Blacks. The ruling White supremacist regime's strategic need to deprive a massive Afrikan population of a common cultural platform from whence to mount a collective counterattack against its domination requires that it negates their common Afrikan identity, cultural, historical memories and related practices. This eradication of Afrikan

Verb - deprive

Noun that's receiving- African population

Noun that's doing- the white supremacist system

White people, with the help of their system, find ways to make sure that black people do not know or remember our culture so that black people will not fight against their system.

memories and related practices. This eradication of Afrikan cultural/ historical memories was (is) undertaken so as to make possible the social manufacture or fashioning of an erstwhile Afrikan identity which can be reactively shaped and molded to fit the ongoing needs and interests of White supremacy. The

Verb - eradication

Noun that's receiving- cultural/historical memories

Noun that's doing- white people

White people destroyed our cultural and historical memories so that they could make an identity for us that can be shaped and formed to fit their needs at any time.

to fit the ongoing needs and interests of White supremacy. The subordinate Afrikan can only be what he needs to be for dominant Whites if he has no true knowledge of who he is and how he came to be who he is. This requires that he not

dominant Whites if he has no true knowledge of who he is and how he came to be who he is. This requires that he not remember who he truly was. The operative oppression of Blacks

Verb - be

Noun that's receiving- subordinate African

Noun that's doing- subordinate African

The only way that blacks can serve the white system to the whites liking is for blacks to not know who they are and their history.

remember who he truly was. The operative oppression of Blacks by Whites depends on the ability of Whites to create and maintain a discrepancy between what subordinate Afrikans think they were and what they truly were; what they perceive themselves to be and what they truly are; what they think they should be and what they must be. These discrepancies are the

Verb - discrepancy

Noun that's receiving- black people's thinking

Noun that's doing- white people

In order for white people to continue oppressing blacks they have to create and maintain a difference in what black people think they were and what they actually are; what they think themselves to be and what they truly are; and what they think they should be and what they must be.

should be and what they must be. These discrepancies are the foundation stones upon which the superstructure of White supremacy is constructed. The reclamation of their true history,

Verb - constructed

Noun that's receiving- foundation stones of white supremacy

Noun that's doing- white people

White people use the fact that we don't know who we actually are to build and maintain white supremacy.

supremacy is constructed. The reclamation of their true history, cultural continuity and unalloyed identity by Afrikans would

precipitate the ruinous collapse of White hegemony. Thus, in self-defense and in the interest of self-perpetuation the White supremacist establishment is compelled to induce and maintain in Black consciousness a pervasive social amnesia regarding things positively Afrikan — an amnesia which is ostensibly “normal.”

First sentence

Verb - reclamation

Noun that's receiving- Black people

Noun that's doing- Black people

If black people remembered their history, the fact that they are and always have been African and their true identity, that would lead to the destruction of white supremacy.

Second sentence

Verb - Induced

Noun that's receiving- Amnesia

Noun that's doing- White people

Because white people want white supremacy to continue, they feel like they have to continue to make black people forget about things that put Africa in a positive light and continue to make not knowing about Africa normal.

tors. Ultimately, the repression of a true knowledge of self, i.e., of Afrikan history and culture in subordinate Blacks, is tantamount to the repression of a true knowledge of reality — the one true foundation upon which psychological and social sanity must be constructed.

Verb - repression

Noun that's receiving- African history and culture

Noun that's doing- Black people

When black people try to forget their knowledge of African history and culture they are also trying to forget reality. Forgetting reality can make us become insane.

The historical/cultural amnesia imposed on the collective Afrikan psyche by the repressive White supremacist regime results not only in the sheer forgetting of their past but also in their failure to learn from it; their failure to utilize it in their reckonings regarding reality and their appropriate relationship to it. The imposed social amnesia of Afrikans markedly reduces

Verb - imposed

Noun that's receiving- historical/cultural amnesia

Noun that's doing- white supremacist regime

Because white people have made us forget about our history and culture as a whole we forget our past and because we forgot our past we cannot learn from our past. Also because we forgot our past we can not use what we learned when it comes to reality and the right way to be in reality.

to it. The imposed social amnesia of Afrikans **markedly** reduces their capacity to know the **murky** side of the history and culture of their White oppressors. It leaves them without an histori-

Verb - reduces

Noun that's receiving- blacks capacity

Noun that's doing- white people

Because of the amnesia that blacks have it is harder for us to know or understand the parts of european history that are not the best parts.

of their White oppressors. It leaves them without an historical/cultural basis for engaging in realistic and beneficial assessments of themselves and of others, for establishing **corroborative** expectations regarding their own behavior and that of their Caucasian nemesis. Furthermore, the compelled

Verb - engaging

Noun that's receiving- assessments

Noun that's doing- black people

If blacks don't know their culture and the bad side of european culture, then it will be harder for us to behave in ways that are good for us. It will also be harder for us to know how our community should behave and how europeans normally behave.

that of their Caucasian nemesis. Furthermore, the compelled social amnesia results in the absence of self-knowledge as well as in the **impairment** of a related sense of **purposive** and meaningful existence. The absence of a **functional** knowledge

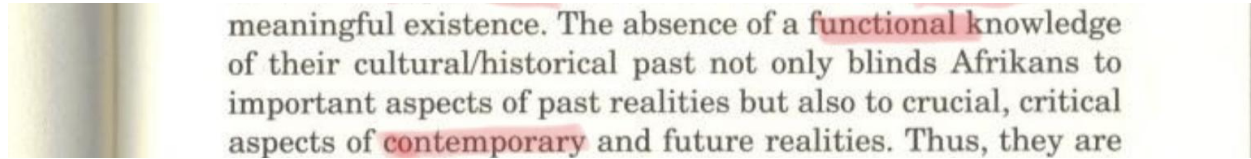
Verb - compelled

Noun that's receiving- absence of self knowledge



Noun that doing- white people

Because black people have social amnesia, we don't know a lot about ourselves and that can damage our sense of ourselves and make us question if our existence has any meaning.

A snippet of text from a document, with a vertical bar on the left side. The text is: "meaningful existence. The absence of a functional knowledge of their cultural/historical past not only blinds Afrikans to important aspects of past realities but also to crucial, critical aspects of contemporary and future realities. Thus, they are". The words "functional", "contemporary", and "Afrikans" are highlighted in red.

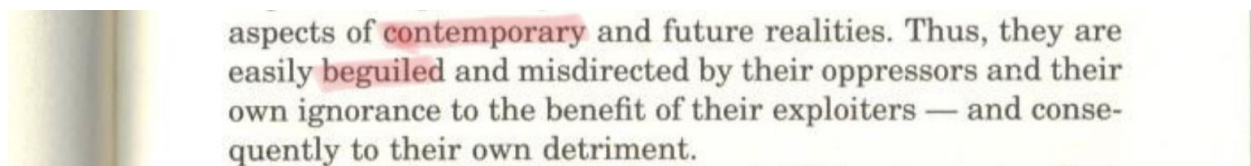
meaningful existence. The absence of a functional knowledge of their cultural/historical past not only blinds Afrikans to important aspects of past realities but also to crucial, critical aspects of contemporary and future realities. Thus, they are

Verb - absence

Noun that receiving- black people

Noun that doing- black people

Because black people don't know about their culture and history or about their past black people can't see or get things from their past that could help them now or in the future.

A snippet of text from a document, with a vertical bar on the left side. The text is: "aspects of contemporary and future realities. Thus, they are easily beguiled and misdirected by their oppressors and their own ignorance to the benefit of their exploiters — and consequently to their own detriment." The words "contemporary", "beguiled", and "consequently" are highlighted in red.

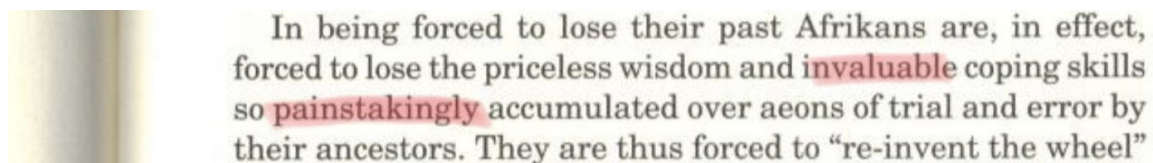
aspects of contemporary and future realities. Thus, they are easily beguiled and misdirected by their oppressors and their own ignorance to the benefit of their exploiters — and consequently to their own detriment.

Verb - misdirected

Noun that receiving- black people

Noun that doing- white people

Because we don't know things about ourselves we can be taught things that will serve Europeans instead of us.

A snippet of text from a document, with a vertical bar on the left side. The text is: "In being forced to lose their past Afrikans are, in effect, forced to lose the priceless wisdom and invaluable coping skills so painstakingly accumulated over aeons of trial and error by their ancestors. They are thus forced to 're-invent the wheel'". The words "invaluable" and "painstakingly" are highlighted in red.

In being forced to lose their past Afrikans are, in effect, forced to lose the priceless wisdom and invaluable coping skills so painstakingly accumulated over aeons of trial and error by their ancestors. They are thus forced to "re-invent the wheel"

Verb - forced

Noun that receiving- black people

Noun that doing- white people

If black people are being forced to forget their past they are also being forced to forget knowledge and other very important things that were gathered by our ancestors over long periods of time. That information was not easy to gather.

their ancestors. They are thus forced to “re-invent the wheel” invented centuries earlier by their forbearers. Social amnesia destroys the sense of continuity, the foundation of personal and collective identity. Consequently, the consciousness of the

Sentence one

Verb - re invent

Noun that's receiving- black people

Noun that's doing- re inventing

Black people have to re-learn stuff that our ancestors already knew.

Sentence two

Verb - destroyed

Noun that's receiving- sense of continuity and the foundation of foundational and collective identity

Noun that's doing- black people

Not knowing our history and mess up how we feel about being african and it can also mess with what we think our personal identities are and what our people's identity is.

collective identity. Consequently, the consciousness of the Afrikan amnesiac is marked by discontinuity and disconnections, episodic experiences and views of reality — the most

important of which are unsystematically clustered together, unorganized by axiomatic principles and concepts.

Verb - marked

Noun that's receiving- amnesia in black consciousness

Noun that's doing- white people or black people - ?

If black people have amnesia then that allows us to not think that we are african, not want to work with one another and not know what their true reality is.

Afrikan social amnesia impairs long-term, **conceptual**, **sequential**, relational, cause-and-effect, abstracted thinking, since this style of thinking is developed through the practiced, **systematic**, detailed consideration of reality of the near and distant past and its relationship to present and future reality.

Verb - Impairs

Noun that's receiving- our thinking

Noun that's doing- blacks

When black people have amnesia, it can damage our ability to think properly in a lot of ways because in order to be able to think in those ways you have to know what reality is.

Consequently, perhaps too much of subordinated Afrikan thinking is relatively limited to the present, the immediate, the short-term, and marked by insufficient insight as well as foresight. It is a distracted, absent-minded, forgetful conscious-

Verb - limited

Noun that's receiving- africans thinking

Noun that's doing- blacks

Because our ability to think in certain ways is damaged, most of the things we think about have to do with what's happening now.

foresight. It is a distracted, absent-minded, forgetful consciousness. And these characteristics enhance its readiness to identify

Verb - is

Noun that's receiving- consciousness

Noun that's doing- blacks

Some of the problems that come with having amnesia is that it can become harder for us to focus, harder for us to focus on what's going on in the moment and harder for us to remember things.

ness. And these characteristics enhance its readiness to identify with a falsified image of history, culture, and self **concocted** by the characterizations of its White creators — creators who exploit its fabricated identities and confusions for their own material benefits and **self-aggrandizement**. The lability and

Verb - enhance

Noun that's receiving- characteristics

Noun that's doing- black people

Because it's harder for us to focus and remember things, it becomes easier for us to believe false things about our history and about ourselves that have been made by white people. White people created the false versions of our history and culture so that they could make themselves seem like they were great or important.

material benefits and **self-aggrandizement**. The lability and malleability of the subordinated Afrikan amnesiac permits his consciousness and behavior to be rather easily and quickly molded, shaped and **impelled** to obsessively pursue the latest commercial fads and fashions and social behavioral styles in further pursuit of an ever-receding, ever-changing, **illusory identity** — to the economic and social benefit of his White exploiters.

Verb - Permits

Noun that's receiving- consciousness

Noun that's doing- Africans

Because what we forget and what we remember can be controlled and shaped to the whites' liking, it is easier for the whites to make us think of things like fashion, things that continue to change. If we look and try to get those things for ourselves, then white people can profit off of us.



Finally, the reinforced social amnesia of the subordinated Afrikan permits him to absent-mindedly, obsessively seek to **assimilate**; to eat with, sleep with, live among, “be just like”; to **identify** with the captors, torturers, enslavers, lynchers and race-baiting **sadistic** exploiters of his ancestors and of himself as his highest achievements in life, as the **eschatological** finality of his being. In his “sweet” forgetfulness he is no longer

Verb - reinforced

Noun that's receiving- amnesia

Noun that doing- whites

White people use the fact that we have amnesia to input thoughts into us that make us what to be and do things just like them. They also put thoughts into our mind that make us think that being like them is the most important thing in life that you could do.

of his being. In his “sweet” forgetfulness he is no longer motivated to seek revenge, **reparation**, **restitution**, or reconstruction for past and present wrongs perpetrated by his White oppressors; he is not motivated to construct a new, Afrikan-centered, **humane utopia** on the shattered remains of White supremacy's evil empire but to become an equal partner in it, to become one with it — thus sanctioning the **annihilation** of the personhood of both his ancestors and himself. The pursuit

Verb - motivated

Noun that's receiving- revenge

Noun that doing- Blacks

Because we don't remember, we don't want to fight back against or make the white people accountable for what they did and do to us. We also don't want to create a space where our people have sovereignty. Because of things we are also, at the same time, destroying what we think of our ancestors and ourselves.

the personhood of both his ancestors and himself. The pursuit of this “impossible dream” by the Afrikan amnesiac supplies

the motive force which advances and **enriches** White supremacy and therefore **perpetuates** his own subordination and impoverishment. Thus the subordinated Afrikan does not **indict** the

Verb - pursuit

Noun that's receiving- The impossible dream

Noun that's doing- Blacks

Thinking that we want to be like white people and acting like we want to be like white people helps white people to continue to dominate over us without us reliving it.

ishment. Thus the subordinated Afrikan does not **indict** the supremacist regime for its misdeeds and require it to atone for its sins. Its **constituents** are left blameless and guiltless —

Verb - Indict

Noun that's receiving- supremacist regime

Noun that's doing- Black

Because we want to be like white people and be a part of their system we don't make the white people pay for all of the stuff that they did to us.

for its sins. Its **constituents** are left blameless and guiltless — having committed the *perfect crime* against Black humanity. These are but some of the benefits to White supremacy afforded by Afrikan amnesia.

Verb - committed

Noun that's receiving- perfect crime

Noun that's doing- white people

Because we don't even think about making the white people pay for what they did, we accept their apologies and don't require anything else. This means that the white people are still